



# FOOD ID FROM CIA

## FLAT FISH



1. Halibut (head off)

2. Turbot

3. Petrale sole

4. Lemon sole

5. Winter flounder (right-eyed)

6. Fluke/Left-eyed flounder  
(head off)

7. Grey sole

8. Dover sole

---

### Bachelor's and Associate Degree Programs for the Food and Hospitality Industry

Intellectual property of The Culinary Institute of America | From the pages of The Professional Chef®, 8th Edition  
Courtesy of the Admissions Department Items can be reproduced for classroom purposes only and cannot be altered for individual use.