



# FOOD ID FROM CIA

## DRIED SPICES



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|--|----------------------|---------------------|
| 1. Cardamom                            | 7. Anise seed        | 14. Juniper berries |
| 2. Cumin seed                          | 8. Cloves            | 15. Coriander seed  |
| 3. Caraway                             | 9. Gumbo filé        | 16. Mustard seed    |
| 4. Turmeric                            | 10. Annatto seeds    | 17. Cinnamon sticks |
| 5. Anardana (ground pomegranate seeds) | 11. Black cumin seed | 18. Star anise      |
| 6. Fenugreek                           | 12. Celery seed      | 19. Nutmeg          |
|  | 13. Allspice berries |                     |

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